



[Home](#) › [Statistics](#) › [Classifications](#) › [OSCA - Occupation Standard Classification for Australia](#)
› [2024, Version 1.0](#) › [Browse classification](#) › [4 Community and Personal Service Workers](#)
› [46 Personal Service, Sports and Fitness Workers](#)

✓ **Latest release**

Sub-major Group

46 Personal Service, Sports and Fitness Workers

OSCA - Occupation Standard Classification for Australia

Reference period: 2024, Version 1.0

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46 Personal Service, Sports and Fitness Workers

Provide travel, tourism and other personal services to individuals, and coach and instruct people in sports and fitness.

OSCA skill level

The occupations in this sub-major group have a skill level corresponding to the qualifications and experience below.

- Skill Level 2: AQF Associate Degree, Advanced Diploma, Diploma, or at least three years of relevant experience
- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience
- Skill Level 5: AQF Certificate I, or compulsory secondary education

Minor Group

461 Personal Service and Travel Workers

Provide beauty and personal care services, travel and tourism services, domestic animal care, driving instruction, funereal and other personal services to clients.

Hairdressers are excluded from this minor group. Hairdressers are included in Occupation 392132 Hairdresser.

OSCA skill level

The occupations in this minor group have a skill level corresponding to the qualifications and experience below.

- Skill Level 2: AQF Associate Degree, Advanced Diploma, Diploma, or at least three years of relevant experience
- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience
- Skill Level 5: AQF Certificate I, or compulsory secondary education

Unit Group

4611 Beauty and Dermal Therapists

Perform skin care, body and beauty treatments to maintain and enhance overall skin appearance.

Make-up Artists are excluded from this unit group. Make-up Artists are included in Occupation 461232 Make-up Artist.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 2: AQF Associate Degree, Advanced Diploma, Diploma, or at least three years of relevant experience
- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience

Occupation

461131 Beauty Therapist

Provides skin care, beauty and body treatments to clients.

Body Artists and Make-up Artists are excluded from this occupation. Body Artists are included in Occupation 461231 Body Artist. Make-up Artists are included in Occupation 461232 Make-up Artist.

Alternative title

- Beautician

Specialisations

- Cosmetic Tattooist
- Eyelash Technician
- Manicurist
- Nail Technician

Skill level: 3

Main tasks

- Performs a range of beauty treatments such as facials, spray tanning, eyebrow shaping and waxing
- Administers body treatments such as massages, body wraps and scrubs
- Conducts skin analyses to determine clients' skin type and condition, and uses superficial beauty devices to treat clients' skin
- Advises on skincare routines and sells beauty products to clients
- Maintains a clean and hygienic work area, and sterilises equipment in adherence to health regulations
- May apply artificial beauty products such as nails or eyelashes
- May perform cosmetic tattooing on clients

Occupation

461132 Dermal Therapist

Performs treatments to maintain and enhance overall skin appearance.

Skill level: 2

Main tasks

- Completes skin analysis and assessment to determine appropriate treatments for clients
- Applies various dermal therapy treatments for skin rejuvenation, age management and acne treatments, such as microdermabrasion and cosmetic grade peels
- Uses laser and intense pulsed light devices for hair reduction treatment
- Provides non-invasive, superficial treatment of pigment and superficial vessels (telangiectasias)
- Performs a variety of non-surgical procedures within their scope to enhance skin appearance

- Provides advice to clients on skincare and maintenance, including product recommendation

Unit Group

4612 Body and Make-up Artists

Design and apply make-up, and decorate, adorn and modify the human body using a range of techniques such as tattooing, piercing and skin modification.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience

Occupation

461231 Body Artist

Decorates, adorns or modifies the human body permanently or temporarily using a range of techniques such as tattooing, piercing and skin modification.

Registration or licensing may be required.

Cosmetic Tattooists are excluded from this occupation. Cosmetic Tattooists are included in Occupation 461131 Beauty Therapist.

Specialisations

- Body Piercer
- Tattooist

Skill level: 4

Main tasks

- Consults with clients to determine their desired body art design
- Prepares clients' skin for the chosen body art technique
- Applies permanent tattoos by inserting ink under layers of skin
- Paints or dyes skin to create temporary body art designs
- Pierces skin to implant jewellery and other biocompatible materials

- Modifies the shape of the skin through cutting, branding, manipulating, stretching and scarring techniques
- Uses scalpel, heat and restraining techniques to create patterns in the skin

Occupation

461232 Make-up Artist

Designs and applies make-up products and techniques to transform or enhance the features of individuals.

Beauty Therapists and Hairdressers are excluded from this occupation. Beauty Therapists are included in Occupation 461131 Beauty Therapist. Hairdressers are included in Occupation 392132 Hairdresser.

Specialisation

- Make-up Artist (Performing Arts)

Skill level: 3

Main tasks

- Designs make-up looks that align with clients' requests, events or themes
- Prepares clients' skin by cleansing, moisturising and using appropriate primers
- Chooses make-up shades that complement clients' skin tone, eye colour and outfits
- Applies make-up products such as foundation, concealer, eyeshadow, eyeliner, mascara and lipstick
- May create special effects or creative designs using prosthetics, scars and other effects to transform an actor into a character
- May perform basic hairstyling, such as arranging hair for a specific look, or building, styling and fitting wigs

Unit Group

4613 Civil Celebrants and Funeral Workers

Conduct civil marriage ceremonies, commitment ceremonies and funerals, and perform specialist funereal services.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 2: AQF Associate Degree, Advanced Diploma, Diploma, or at least three years of relevant experience
- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience

Occupation

461331 Civil Celebrant

Conducts civil marriage ceremonies, funerals, commitment ceremonies, namings and other ceremonies, and maintains appropriate records.

Registration or licensing is required.

Skill level: 3

Main tasks

- Meets with clients to discuss ceremony requirements and preferences
- Assists clients in planning and designing personalised ceremonies
- Conducts civil marriage ceremonies, ensuring all legal requirements are met
- Conducts funeral ceremonies and provides comfort to grieving families
- Conducts commitment ceremonies and other significant life event ceremonies
- Maintains accurate records of all ceremonies performed
- Stays updated on laws and regulations related to civil ceremonies

Occupation

461332 Funeral Director

Plans and coordinates arrangements for funerals according to the wishes of the deceased or their relatives.

Registration or licensing may be required.

Alternative titles

- Mortician
- Undertaker

Skill level: 2

Main tasks

- Consults with family or friends of the deceased to determine their wishes for the funeral
- Provides guidance and support in making funeral arrangements
- Coordinates with relevant parties, such as cemeteries, crematoriums and clergy, to arrange burial or cremation
- Schedules funeral services and speakers
- Arranges for the purchase of caskets, urns and other funeral merchandise
- Organises transportation of the deceased's body to the funeral location
- Oversees the setup and decoration of the funeral venue
- Provides support and comfort to grieving family members and friends
- May prepare the deceased for viewing or burial

Occupation

461333 Funeral Worker

Assists in the preparation of funerals and maintenance of funeral venues.

Registration or licensing may be required.

Mortuary Technicians (Forensic) are excluded from this occupation. Mortuary Technicians (Forensic) are included in Occupation 311299 Medical and Dental Technicians nec.

Specialisations

- Embalmer
- Funeral Director's Assistant

Skill level: 4

Main tasks

- Assists Funeral Directors to plan, coordinate and run funeral services
- Sets up and decorates the funeral venue
- Transports the deceased to and from funeral homes, hospitals and other locations
- Cleans and maintains funeral homes and equipment
- May assist in preparing the deceased for viewing, burial or cremation

Unit Group

4614 Domestic Animal Care Workers

Provide routine care, exercise and grooming services for domestic animals.

Animal Trainers are excluded from this unit group. Animal Trainers are included in Unit Group 3411 Animal Trainers and Zookeepers.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience
- Skill Level 5: AQF Certificate I, or compulsory secondary education

Occupation

461431 Dog Walker

Walks dogs for exercise on behalf of owners.

Skill level: 5

Main tasks

- Walks dogs for exercise
- Transports dogs safely and securely between homes and exercise locations
- Ensures health and safety of dogs under their care
- Encourages good behaviour and applies positive reward methods to dogs in public settings
- Cleans up waste and follows council guidelines
- Evaluates situations to ensure own personal safety

Occupation

461432 Domestic Animal Attendant

Provides routine care for domestic animals, including feeding, exercising, monitoring their health and cleaning the shelter areas.

Dog Walkers are excluded from this occupation. Dog Walkers are included in Occupation 461431 Dog Walker.

Alternative title

- Kennel Hand

Skill level: 4**Main tasks**

- Feeds and waters animals according to their individual dietary requirements
- Exercises animals regularly to ensure their physical and mental well being
- Transfers animals between enclosures by leading or carrying them
- Cleans and maintains kennels, cages and enclosures to ensure a safe environment for animals
- Provides basic grooming for animals, such as brushing and bathing
- Monitors the health of animals, treats minor injuries, and reports any health concerns
- Administers medications or treatments to animals as directed by a Veterinarian
- Ensures adherence to infection control procedures

Occupation

461433 Pet Groomer

Washes, dries, brushes, combs, cuts and styles pets' coats, clips their nails and cleans their ears.

Skill level: 4**Main tasks**

- Washes, shampoos and dries pets' coats
- Brushes and combs pets' coats to remove tangles and mats
- Trims and cuts pets' coats to desired length and style
- Clips pets' nails to ensure they are an appropriate length
- Cleans pets' ears to remove dirt and debris
- Identifies health issues in pets, such as ear infections, skin conditions or tooth decay, and informs pet owners
- Provides services such as teeth brushing and anal gland expression
- Maintains cleanliness and hygiene of grooming tools and equipment
- Provides advice and recommendations to pet owners regarding grooming techniques and products

Occupation

461499 Domestic Animal Care Workers nec

This occupation group covers Domestic Animal Care Workers not elsewhere classified.

Skill level: 4

Occupations in this group include:

- Pet Sitter

Unit Group

4615 Driving Instructors

Instruct individuals and groups in the theory and application of driving motor vehicles.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience

Occupation

461531 Driving Instructor

Instructs individuals and groups in the theory and application of driving motor vehicles. Registration or licensing is required.

Specialisation

- Motorcycle Riding Instructor

Skill level: 3

Main tasks

- Provides instruction to individuals on the theory and practical application of driving motor vehicles
- Demonstrates the correct techniques for operating motor vehicles
- Assesses the driving skills and knowledge of learner drivers to determine their readiness for licensing
- Conducts driving lessons in a safe environment
- Provides feedback and guidance to improve driving skills
- Keeps accurate records of learner progress
- Stays updated on road rules and driving regulations

Unit Group

4616 Tourist Guides and Information Officers

Provide information to tourists and direct and guide visitors in galleries and museums, and on sightseeing, educational and other tours and experiences.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience

Occupation

461631 Gallery or Museum Guide

Answers enquiries and directs and guides visitors in a gallery or museum.

Alternative titles

- Gallery or Museum Assistant
- Gallery or Museum Attendant
- Visitor Services Officer (Gallery or Museum)

Skill level: 4

Main tasks

- Meets and greets visitors, and provides general information about gallery or museum policies and programs
- Controls visitors' access to exhibits and monitors entrances, exits, stairwells and other public areas
- Ensures safety of collections
- Maintains records of attendance, memberships, donations and other statistics as needed
- Conducts detailed tours of exhibits for visitors, providing context and background information to enhance their understanding of the material on display
- May assist with installing and dismantling exhibits

Occupation

461632 Tour Guide

Accompanies and guides visitors on sightseeing, educational and other tours and experiences, and describes and explains points of interest and cultural or historical significance. May deliver information in languages other than English.

Alternative title

- Tour Leader

Specialisations

- Aboriginal and Torres Strait Islander Tour Guide
- Marine Tour Guide

Skill level: 3

Main tasks

- Accompanies and guides visitors on tours, providing information and explanations about points of interest, and cultural, ecological or historical significance
- Transports visitors to and from their accommodation and points of interest
- Prepares and delivers informative and engaging commentary during tours
- Ensures the safety and wellbeing of tour participants throughout the tour
- Assists with the coordination and logistics of transportation, accommodation and meals for tour groups
- Provides recommendations and suggestions to visitors regarding local attractions, activities and services
- Answers questions and provides assistance to visitors, addressing any concerns or issues that may arise during the tour
- Conducts research to stay updated on local history, culture, ecology and attractions to enhance tour commentary
- Collaborates with other tour guides and tourism professionals to develop tour itineraries and experiences
- Maintains accurate records of tour schedules, participant numbers, and any incidents or feedback received

Occupation

461633 Tourist Information Officer

Provides local and regional travel and accommodation information to tourists.

Alternative titles

- Visitor Information Officer
- Visitor Services Officer (Tourism)

Skill level: 4

Main tasks

- Responds to enquiries from tourists regarding travel and accommodation options
- Provides information about tourist attractions, events and activities
- Assists tourists in planning itineraries and making reservations
- Maintains databases of tourist information
- Receives complaints and resolves issues raised by tourists
- Assists in the development of promotional materials and campaigns

Unit Group

4617 Travel Attendants

Provide services for the safety and comfort of passengers in aircraft, ships and railway sleeping cars.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience

Occupation

461731 Flight Attendant

Provides services for the safety and comfort of aircraft passengers.

Alternative title

- Cabin Crew

Specialisations

- Cabin Supervisor (Aircraft)
- Crew Attendant (Air Force)

Skill level: 3

Main tasks

- Assists passengers with boarding and disembarking the aircraft, and provides assistance and support to passengers with specific needs or medical conditions
- Conducts pre-flight safety briefings and demonstrates the use of safety equipment while ensuring passengers comply with safety regulations and procedures during the flight
- Serves meals, beverages and snacks to passengers during the flight
- Performs emergency procedures in response to in-flight emergencies or equipment malfunctions of the aeroplane
- Makes announcements during the flight and informs passengers about safety procedures and protocols
- Performs safety checks and maintains cleanliness of the aircraft cabin
- Responds to passenger enquiries and resolves any issues or complaints

Occupation

461799 Travel Attendants nec

This occupation group covers Travel Attendants not elsewhere classified.

Skill level: 4

Occupations in this group include:

- Cruise Attendant
- Marine Steward
- Purser

Unit Group

4618 Travel Consultants

Plan and book domestic and international travel, accommodation and associated arrangements for clients.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience

Occupation

461831 Travel Consultant

Plans and books domestic and international travel, accommodation and associated arrangements for clients.

Alternative titles

- Travel Adviser
- Travel Agent

Specialisations

- Corporate Travel Consultant
- Cruise Travel Consultant
- Group Travel Consultant
- Inbound Tour Consultant
- International Travel Consultant

Skill level: 3

Main tasks

- Consults with clients to determine their travel needs and preferences
- Provides information and advice on travel destinations, accommodation options, transportation, medical requirements and baggage limits
- Makes and confirms travel bookings, including transportation, accommodation, vehicle hire and tours
- Prepares travel itineraries and provides clients with necessary travel documents
- Assists clients with visa applications, government regulations and travel insurance
- Resolves any issues or problems that may arise during travel, such as flight delays or cancellations
- Promotes and sells travel packages and special offers to clients
- Maintains accurate records of client bookings and payments

Unit Group

4619 Other Personal Service and Travel Workers

This unit group covers Personal Service Workers not elsewhere classified. It includes Airline Customer Service Workers, Fashion Stylists, First Aid Trainers, Hair and Beauty Salon Assistants, Natural Remedy Consultants, Photographer's Assistants, Religious Assistants, Sex Workers and Escorts, and Weight Loss Consultants.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience
- Skill Level 5: AQF Certificate I, or compulsory secondary education

Occupation

461931 Airline Customer Support Worker

Assists customers at an airport with check in, flight delays and general queries.

Flight Attendants are excluded from this occupation. Flight Attendants are included in Occupation 461731 Flight Attendant.

Alternative title

- Passenger Services Agent

Specialisation

- Check-in Agent

Skill level: 5

Main tasks

- Assists passengers with ticketing, check-in and directions
- Rebooks flights for customers that are unexpectedly cancelled or delayed
- Assists unaccompanied minors and guests with special requirements to traverse the airport
- Ensures the maintenance of public areas and the safety of customers by reporting incidents
- Reports unattended luggage or suspicious persons
- Responds to passenger enquiries and resolves complaints

Occupation

461932 Fashion Stylist

Assembles outfits for individuals or brands according to business needs or personal tastes. Fashion Designers are excluded from this occupation. Fashion Designers are included in Occupation 242231 Fashion Designer.

Skill level: 4

Main tasks

- Assembles outfits with different garments and accessories according to specifications and personal aesthetics for clients or models
- Consults with clients and designers to develop concept boards and style portfolios
- Researches fabrics, clothing construction and fashion accessories to ensure assembled outfits are suitable for client or brand ideals
- Sources garments and accessories from designers or retailers
- Coordinates and styles outfits for fashion shoots, events or personal appearances
- Collaborates with Photographers, Make-up Artists and hairstylists to create cohesive looks
- Maintains understanding of current and developing fashion trends, and applies trends to styling

Occupation

461933 First Aid Trainer

Conducts first aid training courses in a variety of settings to a range of clients, including corporate clients, school students, community groups and other members of the public.

Alternative title

- First Aid Instructor

Skill level: 3

Main tasks

- Plans, prepares and delivers first aid training courses
- Demonstrates and explains first aid techniques and procedures
- Assesses clients' understanding and competency in first aid
- Evaluates the effectiveness of training courses and makes improvements as necessary
- Maintains up-to-date knowledge of first aid practices and guidelines

- Keeps accurate records of training courses and client attendance
- Promotes first aid training services to potential clients

Occupation

461934 Hair or Beauty Salon Assistant

Assists Hairdressers or Beauty Therapists by performing routine tasks in a hairdressing or beauty salon.

Skill level: 5

Main tasks

- Prepares clients for beauty and hair appointments
- Assists during beauty treatments such as facials and manicures, or hair cutting, styling and colouring
- Cleans and maintains salon equipment and tools
- Assists with reception duties such as answering phone calls and scheduling appointments
- Stocks and organises salon products and supplies

Occupation

461935 Natural Remedy Consultant

Uses natural techniques and diagnostic methods for treatment, relaxation and health purposes.

Specialisations

- Aromatherapist
- Kinesiologist
- Reflexologist
- Reiki Therapist

Skill level: 4

Main tasks

- Consults with clients to assess health concerns and goals
- Conducts diagnostic assessments for health issues
- Recommends and administers natural remedies and therapies, and develops personalised treatment plans based on client needs
- Monitors client progress and adjusts treatment plans

- Offers lifestyle and dietary recommendations for health support

Occupation

461936 Photographer's Assistant

Assists Photographers in taking and developing photographs.

Skill level: 4

Main tasks

- Schedules and coordinates photo shoots
- Prepares and positions props and backgrounds for photographs
- Provides general assistance and support to the photographer during photo shoots, such as assisting with photographic equipment and lighting
- Operates cameras and other photographic equipment under the direction of the photographer
- Assists in retouching and editing photographs using software
- Maintains and organises photographic equipment and supplies

Occupation

461937 Religious Assistant

Supports Religious Leaders or a religious community in performing a variety of religious functions associated with religious practice, including worship, spiritual guidance, pastoral care and teaching.

Specialisation

- Pastoral Worker

Skill level: 4

Main tasks

- Assists Religious Leaders in conducting religious ceremonies and rituals
- Prepares and delivers religious teachings and sermons
- Provides pastoral care, spiritual guidance and support to community members
- Organises religious events and activities
- Participates in community outreach programs
- Assists with day-to-day running and oversees facilities, including places of worship and other related spaces

Occupation

461938 Sex Worker or Escort

Provides clients with sexual services or social companionship.

Skill level: 5

Main tasks

- Meets with clients to discuss their desires and preferences
- Negotiates and agrees upon sexual services and fees with clients
- Provides sexual services to clients in a safe and consensual manner, in person
- Takes necessary precautions to protect personal health and safety
- Keeps accurate records of client interactions and transactions
- May provide emotional support and companionship to clients

Occupation

461941 Weight Loss Consultant

Assists clients with advice and practical solutions for losing weight or body fat.

Skill level: 4

Main tasks

- Conducts initial consultations with clients to assess their weight loss goals and needs
- Provides personalised advice and guidance on nutrition, exercise and lifestyle changes to support weight loss
- Develops customised weight loss plans for clients based on individual circumstances
- Monitors client progress and adjusts plans as necessary
- Educates clients on healthy eating habits and portion control
- Offers support and motivation to clients throughout their weight loss journey
- Provides information on weight loss supplements and products
- Conducts group sessions or workshops on weight loss strategies
- Collaborates with health care professionals, such as Dietitians and fitness trainers, to provide comprehensive weight loss support

Occupation

461999 Personal Service and Travel Workers nec

This occupation group covers Personal Service and Travel Workers not elsewhere classified.

Skill level: 4

Occupations in this group include:

- Assisted Travel Support Worker
- Astrologer
- Doula
- Horse Racing Analyst
- Professional Organiser
- Psychic Medium
- Relay Officer
- Residential Adviser

Minor Group

462 Sports and Fitness Workers

Direct, instruct and guide individuals and groups in physical fitness and outdoor adventure activities, coach, train and instruct sporting competitors, and participate in and officiate at sporting events.

Sports Development Officers are excluded from this minor group. Sports Development Officers are included in Occupation 411932 Sports Development Officer.

OSCA skill level

The occupations in this minor group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience

Unit Group

4621 Fitness Instructors (General)

Direct, instruct and guide individuals and groups in the pursuit of physical fitness and wellbeing.

Pilates Instructors and Yoga Teachers are excluded from this unit group. Pilates Instructors are included in Occupation 462231 Pilates Instructor. Yoga Teachers are included in Occupation 462232 Yoga Teacher.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience

Occupation

462131 Fitness Instructor (General)

Directs, instructs and guides individuals or groups in the pursuit of physical fitness and wellbeing.

Specialisations

- Gym Instructor
- Personal Trainer

Skill level: 4

Main tasks

- Designs individual fitness programs based on assessment of the client's age, level of fitness, goals and abilities
- Delivers group exercise classes and personal tuition in a variety of fitness activities in a safe manner
- Demonstrates and teaches body movements and skills used in fitness routines
- Sets up and monitors fitness equipment and ensures that equipment is safe, clean and in working condition
- Teaches and advises on the use of fitness equipment to ensure clients are aware of and adhere to safety and injury prevention procedures
- May consult with Health Professionals to develop and design fitness programs for clients

Unit Group

4622 Pilates and Yoga Instructors

Instruct Pilates and yoga classes to enhance physical fitness and wellbeing.

Gym Pilates instructors are excluded from this unit group. Gym Pilates instructors are included in Occupation 462131 Fitness Instructor (General).

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience

Occupation

462231 Pilates Instructor

Instructs Pilates classes with a focus on core strength and stability in the pursuit of physical fitness and wellbeing.

Gym Pilates instructors are excluded from this occupation. Gym Pilates instructors are included in Occupation 462131 Fitness Instructor (General).

Alternative title

- Pilates Teacher

Specialisations

- Group Pilates Instructor
- Studio Pilates Instructor

Skill level: 3

Main tasks

- Plans, teaches and delivers Pilates exercises and techniques to individuals and groups
- Guides participants on how to use various Pilates apparatus such as mats, reformers and trapeze tables
- Inspires and trains people to improve their strength and flexibility through the Pilates method
- Educates clients to ensure correct execution of Pilates exercises

Occupation

462232 Yoga Teacher

Teaches and demonstrates various yoga practices to individuals or groups to enhance their physical fitness and wellbeing.

Alternative title

- Yoga Instructor

Skill level: 4

Main tasks

- Plans and delivers group or individual yoga sessions, ensuring a safe and supportive environment for students
- Demonstrates different yoga practices and techniques to help students understand and perform them effectively
- Assists students in achieving correct alignment during yoga poses
- Visually assesses students to evaluate and determine their skill level, and adapts teaching accordingly
- Evaluates students with restricted movement, and modifies and guides poses to ensure safe practice
- Applies knowledge of biomechanics and movement patterns to ensure safe yoga practice for students

Unit Group

4623 Sport and Recreation Safety Patrollers

Look after the safety of people in recreational and sporting places such as beaches, swimming pools and ski slopes through accident prevention and rescue.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience

Occupation

462331 Lifeguard

Looks after the safety of people at beaches, inland water environments, swimming pools and aquatic facilities through supervision, accident prevention and rescue, and educating

the public on water safety.

Registration or licensing is required.

Specialisations

- Beach Lifeguard
- Pool Lifeguard

Skill level: 3

High levels of personal commitment, physical fitness and sporting ability may substitute for formal qualifications or years of experience.

Main tasks

- Supervises, scans and patrols designated areas to ensure the safety of swimmers and beachgoers
- Identifies and assesses potential risks and hazards in the water and in immediately surrounding areas
- Educates the public on water safety practices and provides advice on swimming conditions
- Rescues individuals in distress and administers first aid and CPR as necessary
- Maintains and operates rescue equipment and ensures it is in good working order
- Enforces rules and regulations at beach, pool or other swimming locations to prevent accidents and maintain order
- Assists in the coordination or emergency response efforts with other Lifeguards and emergency services
- Conducts regular inspections of swimming areas and facilities to ensure compliance with safety standards

Occupation

462399 Sport and Recreation Safety Patrollers nec

This occupation group covers Sport and Recreation Safety Patrollers not elsewhere classified.

Registration or licensing may be required.

Skill level: 3

High levels of personal commitment, physical fitness and sporting ability may substitute for formal qualifications or years of experience.

Occupations in this group include:

- Ski Patroller

Unit Group

4624 Sports Coaches and Outdoor Adventure Guides

Coach, instruct and guide participants in a range of sports and outdoor adventure activities.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience
- Skill Level 4: AQF Certificate II, AQF Certificate III, or at least one year of relevant experience

Occupation

462431 Basketball Coach

Coaches, trains and instructs participants in basketball by analysing their performances and developing their abilities.

Registration or licensing may be required.

Skill level: 4

Main tasks

- Plans and organises basketball training sessions
- Plans and directs basketball strategies, develops play patterns, analyses game progress, calls time-outs, and motivates and instructs players
- Manages player rotations to ensure optimal performance and rest periods
- Conducts post-game analysis of play, evaluates performances and makes changes in strategy

Occupation

462432 Diving Instructor (Open Water)

Trains and instructs recreational or commercial open water divers in diving techniques, safety and the correct use of diving equipment.

Registration or licensing is required.

Specialisations

- Dive Master
- Scuba Instructor
- Snorkelling Instructor
- Surface Supply Breathing Apparatus Instructor

Skill level: 3

Main tasks

- Trains and instructs open water diving students on diving techniques, safety procedures and the proper use of diving equipment
- Demonstrates and explains diving skills and techniques to students
- Provides guidance and supervision to students during open water dives
- Assesses, evaluates and provides feedback on students' diving skills
- Conducts briefings and debriefings with students before and after dives
- Ensures compliance with safety standards and regulations during diving activities
- Maintains and inspects diving equipment to ensure its proper functioning and safety

Occupation

462433 Football Coach

Coaches, trains and instructs participants in football by analysing their performances and developing their abilities.

Registration or licensing may be required.

Specialisations

- Australian Rules Football Coach
- Rugby League Coach
- Soccer Coach

Skill level: 4

Main tasks

- Plans and organises football training sessions

- Develops training programs to improve football skills, monitors progress and makes adjustments as required
- Demonstrates football skills such as kicking, passing, shooting and tackling, and corrects form
- Plans and directs football strategies, develops play patterns, analyses game progress and motivates and instructs players
- Conducts post-game analysis of play, evaluates performances and makes changes in strategy

Occupation

462434 Gymnastics Coach or Instructor

Coaches, trains and instructs participants in gymnastics by analysing their performances and developing their abilities.

Registration or licensing is required.

Specialisations

- Callisthenics Instructor
- Rhythmic Gymnastics Coach

Skill level: 4

Main tasks

- Plans and organises gymnastics training sessions
- Demonstrates and explains gymnastics techniques to participants
- Assesses performances and develops individualised training programs
- Provides feedback and guidance to improve skills
- Ensures participant safety during training
- Assists in competition preparation
- Coordinates group training activities
- Tracks participant progress and achievements

Occupation

462435 Horse Riding Coach or Instructor

Coaches, trains and instructs participants in horse riding by analysing their performances and developing their abilities.

Skill level: 3

Main tasks

- Assesses participants' riding abilities and develops individualised training programs
- Selects and prepares suitable horses based on competencies of participants
- Teaches participants proper riding techniques through demonstration and explanation of horse riding skills
- Monitors participants' progress and provides feedback and guidance for improvement, keeping a record of participants' progress
- Ensures safety of participants during horse riding activities
- Assists participants in grooming, saddling and caring for horses
- Organises and supervises horse riding competitions and events

Occupation

462436 Martial Arts Instructor

Coaches, trains and instructs participants in martial arts by analysing their performances and developing their abilities.

Registration or licensing may be required.

Specialisations

- Jiu Jitsu Instructor
- Karate Instructor
- Taekwondo Instructor

Skill level: 4

Main tasks

- Demonstrates and explains martial arts techniques to participants
- Plans and organises lesson activities in groups or individually for safe learning, monitors progress and adjusts instruction
- Leads events such as gradings, workshops and tournaments

Occupation

462437 Netball Coach

Coaches, trains and instructs participants in netball by analysing their performances and developing their abilities.

Registration or licensing may be required.

Skill level: 4

Main tasks

- Plans and organises netball training sessions
- Develops training programs to improve netball skills, monitors progress and makes adjustments as required
- Demonstrates netball skills such as passing, catching, shooting accuracy, marking and interceptions, positioning and footwork, and corrects form
- Plans and directs netball strategies, develops play patterns, analyses game progress, and motivates and instructs players
- Conducts post-game analysis of play, evaluates performances and makes changes in strategy

Occupation

462438 Outdoor Adventure Leader or Guide

Provides guided and adventure-based experiential education in outdoor adventure activities.

Specialisations

- Bushwalking or Trekking Guide
- Fishing Guide
- Outdoor Leader
- Outdoor Recreation Instructor
- Rock Climbing Instructor

Skill level: 3

Main tasks

- Leads and supervises participants involved in a range of outdoor adventure activities
- Instructs and motivates participants and manages group participation and cohesion
- Sets up and maintains equipment, and ensures that outdoor adventure equipment is safe and in working condition
- Demonstrates and provides instruction in the use of outdoor adventure equipment and techniques required for participation
- Provides advice on safety measures, and ensures that activities are conducted in a manner to minimise risk to participants
- Provides first aid and emergency response in outdoor settings

Occupation

462441 Snowsport Instructor

Coaches, trains and instructs participants in snow skiing, snowboarding or other snowsports by analysing their performances and developing their abilities.

Registration or licensing is required.

Specialisations

- Skiing Instructor
- Snowboarding Instructor

Skill level: 3

Main tasks

- Demonstrates and explains snowsports techniques to participants
- Assesses and tailors instruction to participants' skill levels
- Plans and organises lesson activities in groups or individually for safe learning, monitors progress, and adjusts instruction
- Promotes safe practices on the slopes and provides information on snow conditions
- Assists participants in selecting equipment

Occupation

462442 Swimming Instructor or Coach

Instructs, coaches and trains participants in swimming by planning and conducting lessons on swimming skills, water safety and survival techniques, analysing performance, identifying areas for improvement and developing their abilities.

Registration or licensing is required.

Alternative title

- Swimming Teacher

Specialisations

- Learn to Swim Instructor
- Swimming and Water Safety Teacher

Skill level: 4**Main tasks**

- Plans and organises swimming lessons and training sessions
- Provides instruction on swimming techniques and skills, monitors progress, and adjusts training programs to improve performance
- Develops individualised programs based on skill levels and goals
- Demonstrates techniques and corrects form
- Ensures participant safety during sessions
- May coordinate and supervise swimming competitions
- May keep records of progress and achievements

Occupation

462443 Tennis Coach

Coaches, trains and instructs participants in tennis by analysing their performances and developing their abilities.

Registration or licensing is required.

Skill level: 4**Main tasks**

- Plans and organises group or individual tennis coaching and training sessions
- Assesses participants' skills and abilities
- Develops training programs to improve tennis skills, monitors progress, and makes adjustments as required
- Demonstrates tennis techniques and tactics
- Provides feedback and guidance to improve performance
- Ensures safety compliance during training sessions

Occupation

462499 Sports Coaches and Outdoor Adventure Guides nec

This occupation group covers Sports Coaches and Outdoor Adventure Guides not elsewhere classified.

Registration or licensing may be required.

Skill level: 4**Occupations in this group include:**

- Chess Coach
- Cricket Coach
- Rowing Coach
- Sailing Instructor
- Sports Trainer
- Surf Coach or Instructor

Unit Group

4625 Sports Officials and Umpires

Coordinate, direct and officiate at sporting activities, and liaise with other officials to interpret and enforce sporting rules and regulations.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience

Occupation

462531 Dog and Horse Racing Official

Coordinates and directs horse or dog racing activities, and liaises with other officials to interpret and enforce racing rules and regulations.

Registration or licensing is required.

Alternative title

- Race Steward

Specialisation

- Handicapper (Racing)

Skill level: 3**Main tasks**

- Coordinates and directs horse or dog racing events

- Enforces racing rules and regulations
- Interprets racing rules and regulations for participants and spectators
- Monitors race conditions and makes decisions regarding race cancellations or delays
- Inspects racing facilities to ensure safety and compliance with regulations
- Coordinates with veterinary staff to ensure the health and welfare of racing animals
- Reviews race results and resolves any disputes or issues

Occupation

462532 Sports Umpire

Officiates at sporting events such as netball, hockey, football, basketball, cricket, boxing and wrestling matches, by interpreting and enforcing match rules.

Registration or licensing is required.

Alternative title

- Referee

Specialisation

- Linesperson (Sport)

Skill level: 3

Main tasks

- Interprets and enforces match rules at sporting events
- Observes and assesses player actions to determine rule violations
- Makes decisions on penalties, fouls and other infractions during matches
- Communicates with players, coaches and officials to clarify rules and resolve disputes
- Signals and announces decisions and penalties to players and spectators
- Monitors the safety and fair play of the game, intervening when necessary
- Keeps accurate records of match events, including scores, penalties and player actions
- Attends training sessions and meetings to stay updated on rule changes and officiating techniques
- Assists in the training and development of other sports officials

Occupation

462599 Sports Officials and Umpires nec

This occupation group covers Sports Officials and Umpires not elsewhere classified.

Registration or licensing may be required.

Skill level: 3

Occupations in this group include:

- Golf Marshall
- Scorekeeper (Sports)
- Timekeeper (Sports)

Unit Group

4626 Sportspersons

Play sport professionally in competitions and participate in sporting events for monetary gain.

OSCA skill level

The occupations in this unit group have a skill level corresponding to the qualifications and experience below.

- Skill Level 3: AQF Certificate III including at least two years of on-the-job training, AQF Certificate IV, or at least three years of relevant experience

Occupation

462631 Footballer

Plays football professionally in competitions.

Registration or licensing is required.

Specialisations

- Australian Rules Footballer
- Rugby League Footballer
- Rugby Union Footballer
- Soccer Player

Skill level: 3

High levels of personal commitment, physical fitness and sporting ability may substitute for formal qualifications or years of experience.

Main tasks

- Plays football matches in competitions

- Participates in team training sessions and follows the coach's instructions
- Represents the team and sponsors at promotional events and public appearances

Occupation

462632 Golfer

Plays golf professionally in tournaments or as a resident professional, and organises golf-related activities.

Registration or licensing is required.

Skill level: 3

High levels of personal commitment, physical fitness and sporting ability may substitute for formal qualifications or years of experience.

Main tasks

- Plays in professional golf tournaments
- Practices and trains regularly to maintain and improve golf skills
- Analyses and evaluates golf courses to develop strategies and game plans
- Performs golf-related activities such as coaching, teaching and giving demonstrations
- Represents sponsors and promotes their products or services

Occupation

462633 Jockey

Rides horses in competitive races, race trials and in exercise.

Registration or licensing is required.

Skill level: 3

High levels of personal commitment, physical fitness and sporting ability may substitute for formal qualifications or years of experience.

Main tasks

- Rides horses in competitive races, race trials and in exercise
- Maintains a high level of physical fitness through regular exercise and training
- Monitors the health and condition of horses and reports any concerns to trainers
- Attends race meetings and participates in pre-race briefings
- Weighs in and out before and after races to ensure compliance with weight requirements

Occupation

462699 Sportspersons nec

This occupation group covers Sportspersons not elsewhere classified.

Registration or licensing may be required.

Skill level: 3

High levels of personal commitment, physical fitness and sporting ability may substitute for formal qualifications or years of experience.

Occupations in this group include:

- Athlete (Track and Field)
- Basketballer
- Cricketer
- Cyclist
- Gamer
- Harness Racing Driver
- Netballer
- Racing Driver
- Surfer
- Tennis Player